



The impact of healthy, sustainable diets on global economies and living conditions | Luca Jahier



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In a nutshell

In this interview, Luca Jahier, President of the EESC, talks about the role of healthy and sustainable diets in shaping global economies and living conditions, referencing many existing solutions that could pave the way in ending hunger.

What for?

To explore and understand the food system To educate or train people on food system transformation

For whom?

Facilitators, Policy makers, NGOs/CSOs, Researchers, Businesses, Funders, Students, Professionals How long?

1:42 minutes

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This tool was developed as part of FIT4FOOD2030 project, see this tool and others on the <u>FIT4FOOD2030 Knowledge Hub</u>. Date of creation: October 2019

How to cite?

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What will you gain from this?

By watching this video, you will understand that our diets impact our health, the environment, and the economy. You will hear examples of solutions to combat malnutrition, while helping the environment and the economy.

Thematic area

Food system approach; food system transformation

Access to the tool

<u>https://www.youtube.com/watch?</u> v= laZ1JSRUFY&t=1s



THE IMPACT OF HEALTHY, SUSTAINABLE DIETS ON GLOBAL ECONOMIES AND LIVING CONDITIONS | LUCA JAHIER

This mini interview series was developed by FIT4FOOD2030 on World Food Day 2019.

Luca Jahier, President of the European Economic and Social Committee (EESC), talks about the role of healthy and sustainable diets in shaping global economies and living conditions, referencing many existing solutions that could pave the way in ending hunger.

Other related interview videos

- <u>Setting direction for food system transformation | John Bell</u>
- <u>The importance of women in leadership roles throughout the</u> <u>food system | Corinna Hawkes</u>
- Local food policy as a key element for a better future for the planet | Ossi Martikainen





